# West Los Angeles (SPA 5) Local Resource List

West Los Angeles resources and services for housed and unhoused residents during the coronavirus/COVID-19 pandemic. Many agencies are operating modified or limited services to reduce the spread of COVID-19. Please call ahead to confirm services. To update or edit a resource, email <a href="mailto:LResser@ph.lacounty.gov">LResser@ph.lacounty.gov</a>.

# **Quick Links to Available Topics:**

Food

**Childcare Services** 

**Domestic Violence Services** 

**Drop-in/Access Centers** 

**Employment** 

**Health Services** 

**Legal Services** 

Mental Health

Personal Hygiene

**Services for Seniors** 

**Shelters** 

City Resources for West LA Cities

# **FOOD**

#### **BREAD AND ROSES**

Meals available for people experiencing homelessness behind the building.

663 Rose Ave, Venice, CA 90291 **Phone Number:** (310) 392-9147

#### **CHIRP LA FOOD PANTRY GUIDE**

http://www.chirpla.org/page/updated-covid-19-foodbank-guide#overlay-context=

#### **EMERGENCY FOOD PANTRY**

Food pantry providing families with pre-assembled food bags, one per household. They also have a Summer lunch program starting in July. This resource is for all low-income Santa Monica residents.

By appointments only, please call: (424) 410-1354

Monday - Thursday 9am-5pm

Virginia Ave Park Thelma Terry Center 2200 Virginia Ave. Santa Monica, CA 90404

## **CULVER PALMS MEAL ON WHEELS**

Food distribution for people who are homebound including seniors 65+. To order meals call between 9:30am-12:30pm Monday – Friday. Service area includes Pico to LAX.

4427 Overland Ave. Culver City, CA 90230

mowculverpalms@gmail.com

Phone: (310) 559-0666

#### GRACE DINER AT GRACE LUTHERAN CHURCH

In partnership with local restaurants, distributing free hot meals 5 days/week, Monday - Friday, 4:30-6 pm. 4427 Overland Ave, Culver City, CA 90230

**Phone:** (310) 559-1027

# **MEALS ON WHEELS WEST**

Frozen food delivery for people who are homebound of all ages and incomes. On Mondays, Wednesdays, and Fridays. Serving Santa Monica, Pacific Palisades, Malibu, Marina del Rey, and Venice.

**Phone:** (310) 394-5133 x 1

http://www.mealsonwheelswest.org/

## SAFE PLACE FOR YOUTH

Pre-packaged food available for homeless youth on Tuesdays, Wednesdays and Thursdays from 11am-3pm.

2469 Lincoln Blvd, Venice, CA 90291

Email: <a href="mailto:youthsupport@safeplaceforyouth.org">youthsupport@safeplaceforyouth.org</a></a>
<a href="mailto:http://www.safeplaceforyouth.org/youth">http://www.safeplaceforyouth.org/youth</a>

## ST. AUGUSTINE CATHOLIC CHURCH

Distribution Mondays, Wednesdays, and Fridays 9am-11am. Call to verify your zip code. Not accepting any new clients at the moment.

3820 Jasmine Ave, Culver City, CA 90232

Phone Number: (310) 838-2702

#### ST. GERARD'S CATHOLIC CHURCH

Every Tuesday and Thursday from 9am-3pm. Must bring picture I.D proof of address, and proof of income. (Local residents only)

4439 Inglewood Blvd, Los Angeles, CA 90302

Phone Number: (310) 390-5034

## ST. JOSEPH CENTER

Mondays 10am-12pm; Tuesdays and Fridays 12pm-3pm. Client must bring their own bags. Due to COVID-19, call beforehand.

204 Hampton Drive Venice, CA 90291

**Phone Number:** (310) 396-6468

#### ST. ROBERT'S - CATHOLIC CHARITIES

Lunch distribution Saturdays 9am-2pm 211 3<sup>rd</sup> Avenue Los Angeles, CA, 90291

Phone: (310) 392-8701

#### THE BIBLE TABERNACLE

Distribution Mondays, Wednesdays, and Fridays 9:30am and Sundays after service at 1:30pm until supplies last.

1761 Washington Way, Venice, CA 90291

**Phone Number:** (310) 821-6116

# THE PEOPLE CONCERN ACCESS CENTER

Offering sack lunches throughout the week. Call ahead to confirm. Every Monday – Friday from 9am-12pm, except Tuesdays open at 1:30pm; Saturdays 9:30am; Sundays 10:30am.

503 Olympic Blvd Santa Monica, CA, 90401

Phone Number: (310) 450-4050

#### VENICE FAMILY CLINIC FREE FOOD MARKET

Food distribution, every second and fourth Tuesday from 10am-12pm.

Simms/Mann Health and Wellness Center 2509 Pico Blvd, Santa Monica, CA 90405

Phone: (310) 664-7525

# **WESTSIDE FOOD BANK**

List of food pantries in West Los Angeles. Please call to ensure they are open.

Phone: (310) 828-6016

Website: http://www.westsidefoodbankca.org

# **WIC PROGRAM**

Food and support services for those who are lowincome and pregnant or have a child under age five. WIC now offers a WIC card to access benefits easily. Apply online at <a href="https://www.phfewic.org/apply">www.phfewic.org/apply</a> or text APPLY to 91997

## CHILDCARE SERVICES

## **CONNECTION FOR CHILDREN**

Childcare resources for essential workers till June 30<sup>th</sup> until further notice of extension. Please identify yourself as an essential worker at the onset of the call and/or leave a message with your name, email, and best time to contact.

Phone: (310) 452-3325 ext. 219

Website:

https://www.connectionsforchildren.org/covid-19updates/

# DOMESTIC VIOLENCE SERVICES

## **SOJOURN**

Offering 24/7 hotline, shelters, children's program, support groups, legal assistance, and economic empowerment and clinical therapy.

Hotline: (310) 264-6644

# **DROP-IN/ACCESS CENTERS**

# **1736 FAMILY SOURCE CENTER**

Seeing both new and existing clients for emergency assistance by appointment only.

Contact: Amanda Marquez at (323) 904-3832 ext. 211

#### DANIEL'S PLACE

Drop-in center available for transitional aged youth (ages 16-28). Sun-Mon: 9am-1pm; Tues-Fri: 2;30pm-6pm; Sat: 9:30am-5:30pm.

https://www.stepuponsecond.org/services/programs
-for-transitional-age-youth-tay/

## THE LANDING AT ST. ROBERT'S CENTER

Daytime wellness and respite drop-in center for pregnant & parenting youth ages 14-24 and their children. Services are currently by appointment only please call:

Dara Falaye at (213) 318-5758 or Ruben Borrero at (213) 318-5762

211 3rd Ave. Venice, CA 90291

## THE PEOPLE CONCERN ACCESS CENTER

Offering showers and sack lunches. Sack lunches Monday-Friday 9am-12pm. Showers Monday-Friday 8am-11am, 1pm-3pm; Saturday and Sunday 8am-12pm.

503 Olympic Blvd., Santa Monica, CA 90401

Phone Number: (310) 450-4050

## SAFE PLACE FOR YOUTH

Pre-packaged food available for homeless youth on Tuesdays, Wednesdays and Thursdays from 11am-3pm.

2469 Lincoln Blvd, Venice, CA 90291 <a href="http://www.safeplaceforyouth.org/youth">http://www.safeplaceforyouth.org/youth</a>

# **EMPLOYMENT**

## **CHRYSALIS**

Employment services and case management. All services currently done by phone/virtually, including intake.

Phone: 213-394-2390 Email: CS@changelives.org

# **VENICE COMMUNITY HOUSING: YOUTH BUILD**

Youth Build provides education, job training and leadership development to out-of-school and out-of-work youth, ages 18-24. Other services such as housing are on hold due to COVID-19. Call for an appointment for intake.

**Phone**: (310) 399-4100

# **HEALTH SERVICES**

## **VENICE FAMILY CLINIC**

- If you are sick with symptoms related to COVID-19 (fever, cough, shortness of breath) or have a medical need that requires attention, call (310) 392-8636
- For urgent dental care needs, call (310) 664-7878
- Health insurance (Medi-Cal or MHLA), and CalFresh enrollment available via phone, call (310) 664-7509

# **WESTSIDE FAMILY HEALTH CENTER**

Offering a variety of health services. Individuals and families interested in scheduling an appointment should call (310) 450-2191.

New location: 3861 Sepulveda Blvd, Culver City, CA

90230

# **LEGAL SERVICES**

#### **1736 LEGAL SERVICES**

Accepting clients and providing legal services.

Contact: (323) 737-3900 x 237

#### **INNER CITY LAW CENTER**

Providing resources and legal support with tenant's rights and eviction guidance, including a sample letter for inability to pay rent due to COVID-19.

Website: <a href="https://www.innercitylaw.org/services/">https://www.innercitylaw.org/services/</a> Phone: (213) 891-2880, dial 0 and leave a voicemail

# **MENTAL HEALTH**

**1736 FAMILY CRISIS CENTER** 

24-Hour Hotline: (310) 370-5902 or (310) 379-3620

# AGAPE INTERNATIONAL SPIRITUAL CENTER

Online Crisis Support Clinic every Monday, 4-6pm.

Email: <a href="mailto:crisissupport@agapelive.com">crisissupport@agapelive.com</a> to schedule a 20-

minute appointment.

Website: https://agapelive.com/pages/agapelive-at-

<u>home</u>

#### **ALCOTT CENTER FOR MENTAL HEALTH SERVICES**

Mental health services, including for those uninsured. Offering remote intake and counseling via telehealth.

Phone: (310) 785-2121

## **DIDI HIRSCH MENTAL HEALTH SERVICES**

Offering mental health services through telemedicine and teletherapy.

Intake line: 888-807-7250

Suicide hotline: 800-273-8255

# **EDELMAN WESTSIDE MENTAL HEALTH CENTER**

Taking referrals for new and existing clients. Everything is being conducted virtually.

11080 W. Olympic Blvd, Los Angeles, CA 90064

Phone: (310) 966-6500

#### **EXODUS URGENT CARE CENTER**

Same-day mental health services 11444 W. Washington Blvd, Los Angeles, CA 90066

Intake phone: (800) 829-3923

# **RELATIONAL CENTER**

Suite D

Free online support groups, open to the public Website: <a href="www.relationalcenter.org/onlinesupport/">www.relationalcenter.org/onlinesupport/</a>

## PACIFIC ASIAN COUNSELING SERVICES

Mental health services. Offering counseling via telehealth. All offices are closed to the public due to COVID-19.

Phone: (310) 337-1550

## SHARE SELF-HELP

Self-help and recovery groups will be conducted over Zoom. Includes groups run by Recovery International See schedule: <a href="https://shareselfhelp.org/programs-share-the-self-help-and-recovery-exchange/self-help-support-groups/">https://shareselfhelp.org/programs-share-the-self-help-and-recovery-exchange/self-help-support-groups/</a>

#### VISTA DEL MAR FAMILY SERVICES

Mental health and wellness, intensive treatment and family support for low income individual and families. All services are being conducted via Telehealth.

By appointment only, Monday – Friday 9am-7pm

Phone: 310-836-1223

Website: https://www.vistadelmar.org/

# **Family Service of Santa Monica**

Program under Vista Del Mar, outpatient community mental health services for low income individuals, and families. **Accepting new clients and providing** 

telehealth.

Phone: (310) 451-9747

#### **WE EXIST**

LGBTQI2-S Peer & Family Support Groups and a digital

drop-in space are available over Zoom

Instagram: @WeExist.ttc Phone: (818) 527-6562

Email: weexist@tarzanatc.org

# **PERSONAL HYGIENE**

# LAHSA HANDWASHING STATIONS

Map available here:

https://www.lahsa.org/documents?id=4340-hygieneservices-locations

#### **MOBILE PIT STOP**

Operating toilets and handwashing facilities at 3rd/Rose and Venice/Globe encampments Monday through Friday 7am-7pm

## **MOBILE SHOWERS**

- 3rd/Rose every Tuesday and Thursday
- Venice/Globe every Friday

## **YMCA**

The following sites will be open Monday through Friday 9am-2pm to offer showers, bathrooms and locker rooms for unsheltered Angelenos.

# **Collins & Katz Family YMCA**

1466 S Westgate Avenue Los Angeles, CA 90025 (310) 477-1511

## **Westchester Family YMCA**

8015 S Sepulveda Boulevard Westchester, CA 90045 (310) 670-4316

# **SERVICES FOR SENIORS**

# **WESTSIDE FRIENDS**

No-contact support system for seniors 65+. Providing help with: grocery runs, healthy meals, pharmacy pickups, check-in phone calls and other home errands done by members of the community. Fill out form on website.

Phone: (213) 785-2052

Website: Request help in advance by phone or by

visiting www.westsidefriends.com

# **SHELTERS**

## SAFE PARKING LA

Provides vehicle dwellers with a safe and legal place to park and sleep at night with access to restrooms, referral and linkages to community resources, case management and more. Apply through the website. Site amenities may vary according to each site.

8:30 p.m.-6:30 a.m. Daily

Phone: (323) 210-3375 Call for availability

Website: www.safeparkingla.org

## WINTER SHELTER PROGRAM: WEST LA

First to Serve - new location Athen's Park 12603 S. Broadway, LA CA 90061

Transportation schedules

# **CITY RESOURCES FOR WEST LA CITIES**

**CITY OF LOS ANGELES** 

https://corona-virus.la/

# **COUNCIL DISTRICT 11:**

https://11thdistrict.com/news/coronavirus-updatessee-the-latest-information/

## **COUNCIL DISTRICT 5:**

http://www.councilmemberpaulkoretz.com/covid-19-news

## **CITY OF BEVERLY HILLS**

http://beverlyhills.org/citymanager/newsroom/novelcoronaviruscovid19/?NFR=1

# **CULVER CITY**

https://www.culvercity.org/live/publicsafety/emergency-preparedness/current-disasterinformation

# **CITY OF MALIBU**

https://www.malibucity.org/982/Coronavirus-Information

# **CITY OF SANTA MONICA**

https://www.santamonica.gov/coronavirus

**COVID-19 Hotline:** (310) 458-8400